

Linda Wells, LCSW, CEDS

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Santa Barbara, CA 93101
805-965-1651

Education:

LCSW license (6/87)
CEDS, Certified Eating Disorder Specialist (12/2020)

Masters in Social Work, Direct Practice, San Jose State University, CA. (6/84)

Bachelor of Arts Degree, Sociology with an emphasis on Social Psychology.
Senior Thesis: *My Twin-My Self*, received honors. Spring 1980; University of California, Santa Cruz.

Work Experience:

The Eating Disorder Center of Santa Barbara, LLC. Santa Barbara, CA (1/13-Present)
Founder and Clinical Director. Directly responsible for the coordination and supervision of all Clinical Services. Develop and coordinate all staff training. Provide and oversee group counseling services. Design and monitor individualized treatment programs. Supervision of MSW and MFT Interns.

Private Practice Therapist. Santa Barbara, CA (1/88-Present)
Individual, couples, and family counseling. Areas of specialization include: eating disorders, depression, anxiety, stress reduction, physical and sexual abuse.

Community Counseling/Monte Nido. Agoura Hills, CA & Malibu, CA (1/88-6/12)
Individual, couples, and group counseling. Areas of specialization included: eating disorders, stress reduction, physical and sexual abuse. Provide individual supervision for MFT and MSW Interns.

Clinical Director. Child Abuse Listening and Meditation (8/92-4/96)
Directly responsible for the coordination and supervision of all Clinical Services. Provided weekly individual and group supervision for MFT/MSW Interns and Licensed Clinical Staff. Developed and coordinated ongoing staff training and in-service activities.

Therapist/Consultant. Living Workshop, Santa Barbara, CA (2/89-4/97)
Provided group counseling and Person Effectiveness Training for adolescent girls (ages 12-18) in a group home setting. Provided parent education and training for staff and parents. Provided group supervision for MFT Interns.

Therapist/Case Manager. Devereux of California (4/90-8/92)
Provided individual and group psychotherapy to Developmentally Disabled and S.E.D. children and adults. Designed and monitored individualized treatment programs. Coordinated client's clinical program with residential unit and education staff. Provided in-service training and consultation of staff. Additional responsibilities included: evaluation and assessment of potential clients and their immediate and long-term needs, conducted the intake process, provided case management and coordinated services, served as liaison with outside agencies.

Work Experience: (continued)

Therapist/Supervision for MSW/MCFF Interns. Parents United, Santa Barbara, CA (1/89-1/91)
Provided group counseling for adult survivors of sexual and physical abuse. Provided group supervision for MSW and MFT Interns.

Client Services Coordinator. Work Training Program, Inc. Santa Barbara, CA (1/86-4/90)
Provided counseling, case management for Developmentally Disabled adult clients in work settings. Responsibilities included: liaison between WTP and Social Services agencies, designed and monitored treatment plans, and provided staff training. Designed and implemented AIDS and STD program and personal effectiveness training. Provided individual supervision for MFT students.

Counselor/Consultant. Tansana House, Santa Barbara, CA (5/86-6/87)
Provided individual and group counseling for pregnant teens and teenage mothers. Emphasis on effective problem-solving, communication and parenting skills. Also provided staff consultation.

Living Skills Instructor. Work Training Program, Inc. Santa Barbara, CA (8/84-10/85)
Taught developmentally disabled adults skills related to independent living. In addition, facilitated problem-solving conferences, monitored medications and provided program emphasizing social skills development. Developed and implemented a curriculum for "Personal Effectiveness Training" focusing on effective communication, problem-solving skills, and anger management.

Respite Counselor and Parent Educator. Family Resource Center, Monterey, CA (8/83-2/84)
Responsibilities included staffing a twenty-four hour respite crisis center for low-income families in stress. Facilitated an on-going support group for high risk and abusive parents. In addition, was responsible for the monthly newsletter and organized monthly client socials.

Intern Counselor. Family Resource Center, Child Sexual Abuse Component. Salinas, CA (2/83-6/84)
Provided Therapeutic counseling for victims of sexual abuse and their families. Worked in conjunction with Child Protective Services providing on-going outreach services to court referred families.

Intern Counselor. Youth Services, Santa Cruz, CA (6/82-12/82)
As a family therapist, worked with private and probation referred families using Minuchin's structural family therapy model.

Professional Organizations:

International Association of Eating Disorder Professionals, Central Coast (IAEDP, Central Coast)
Past President, Mentorship Chair.

National Association of Social Workers
California Association of Marriage and Family Therapists